

Cookery parties and courses to suit all ages

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Banana and Chocolate Digestive Pudding

serves 4

3 ripe bananas

200g natural yoghurt

50g cream

2 tbsp brown sugar

6-7 chocolate digestive biscuits or other biscuits

1 tsp ground cinnamon

- Mash the bananas using a fork on a flat surface.
- Put the yoghurt, sugar, cinnamon and banana in a bowl and mix well.
- Put the biscuits in a freezer bag, in between some greaseproof paper and using a rolling pin or a tin crush the biscuits.
- Pour the banana mix into glasses or bowls and sprinkle the biscuits over the top.
- Leave the pudding in a fridge for about an hour before serving.