

PRESS RELEASE

Kids in the Garden

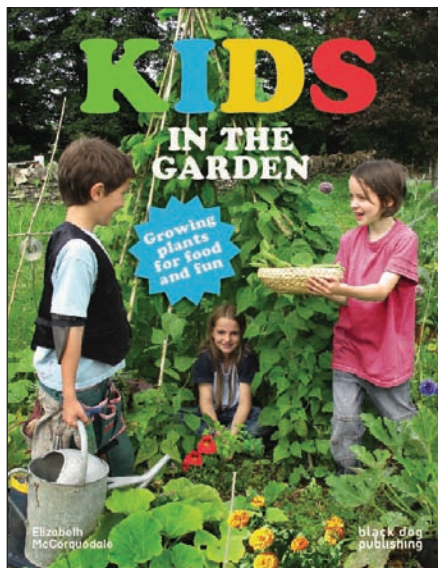
Growing Plants for Food and Fun

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Kids in the Garden is a fun and accessible guide for children to use on their own or with adults. Packed with over 50 project ideas and recipes, *Kids in the Garden* encourages children to learn about gardening, healthy eating and caring for the environment in a simple and engaging way.



With easy to follow, step-by-step instructions, colourful photography and fun illustrations, *Kids in the Garden* will appeal to children of all ages and their parents. Covering a range of gardening topics such as harvesting seasons, encouraging wildlife in your garden, growing plants from seed, and the water cycle, *Kids in the Garden* is ideal for any inquisitive youngster, whether already green-fingered or a complete gardening novice.



Each topic introduced in *Kids in the Garden* is brought to life with a number of hands-on projects such as how to build mini-ponds, birdhouses and wormeries, how to make compost, how to take cuttings and how to grow vegetables in pots. As well as these engaging projects, *Kids in the Garden* is also packed with simple and delicious recipes to help children make the most of the fresh produce they have nurtured and complete the cycle from plot to plate. These recipes include; one pot jam, alphabet soup, rhubarb flapjacks, minty fizz and easy pizza sauce.

Kids in the Garden teaches children some of the fundamental aspects of gardening, sustainability, money-saving and healthy eating without them even realising! It is the ideal book for any family preparing to grow their own this spring.

Elizabeth McCorquodale wrote for *Growing Stuff: An Alternative Guide to Gardening* (also published by Black Dog Publishing). She studied Amenity Horticulture and Landscape Design at Algonquin College in Ottawa and she is now a freelance garden advisor and designer in the UK. She regularly works at local schools where she teaches children about plants and gardening.